University of Oregon
Intramural Sports

Foot Golf Rules

Rules are determined by the United States Footgolf Association (USFGA).

Eligibility

1. Current UO students, faculty, staff, and spouses
2. Every player must be on the roster by deadline.
3. Players must bring valid UO ID to check in for the tournament.
4. NO ID = NO PLAY
5. Only one club or varsity soccer player is allowed per team if team division is offered

Equipment

1. Players are responsible for bringing their own size five soccer ball or they may rent one from River Ridge for $3.00.
2. Your ball must be easy to identify.
3. No soccer cleats are allowed. Only indoor soccer or turf shoes.
4. Players must wear appropriate clothing—shirt and shorts at all times.

Gameplay

1. Players will be grouped into flights from two–six people.
2. Every person is responsible for keeping their own score on a scorecard. Players are expected to be honest, holes will not be officiated or supervised.
3. Kick off the ball from a position up to two meters behind the tee markers.
4. The ball must be played in a single movement. You are not allowed to push the ball with the top or bottom of your foot. Your foot should be set separate from the ball, clearly behind, before each kick.
5. Wait to play until the ball has completely come to rest. It is not legal to stop the ball from rolling with the wind.
6. Play the ball from where it lies; you are not allowed to move the ball or remove jammed objects. Exception—you may mark the spot and list the ball when it may obstruct the other player’s kick or ball in any way.
7. The player farthest from the hole is the first to kick the ball.
8. The order of play is established based on the score of the previous hole. The player with the best score will kick off first on the next hole followed by the second, etc.
9. If the ball lands in a water hazard, retrieve or replace it within two steps from the closest land point from where the ball entered the hazard (annotated by red line). You may receive a one stroke penalty or you can place the ball at the position of the previous kick and receive one stroke penalty.
10. Out of bounds markers are annotated with white stakes. Place the ball within two steps from where the ball crossed between the white steps, receiving a one stroke penalty.

River Ridge Local Footgolf Rules

1. Do not walk on golf greens with soccer shoes
2. Out of bounds: Place the ball within two yards from where the ball last crossed the boundary line, no closer to the hole (one kick penalty assessed). The NiNES parking lot and patio are considered “out of bounds”.
3. A ball that comes to rest on the ShortRidge greens, the NiNES practice green, or the Croquet Court must be placed within two yards from where the ball last crossed the margin of the green, no closer to the hole (one kick penalty assessed).
4. No personal or outside food or beverages

Etiquette
1. Players should always show consideration for other players on the course and should not disturb their play by moving, talking, or making any unnecessary noise.
2. Players should ensure that any electronic device taken onto the course does not distract other players.
3. Players should not stand close to or directly behind the ball, or directly behind the hole when a player is about to play.
4. Players should carefully repair any divot holes they make and any damage to the putting green made by the impact of a ball (whether or not it was made by the player). On completion of the hole by all players in the group, damage to the putting green caused by golf shoes should be repaired.
5. Before leaving a bunker, players should carefully fill up and smooth over all holes and footprints they made and any nearby others made. If a rake is within reasonable proximity of the bunker, the rake should be used for this purpose.

**Sportsmanship**

1. The University of Oregon Intramural Sports Department requires teams to demonstrate good sportsmanship. Anyone in violation of sportsmanship issues may be asked to forfeit the tournament by request of the Intramural Sports Supervisor on duty.

NO ALCOHOLIC BEVERAGES permitted in association of a university event, even though it takes place off campus. Anyone believed to be under the influence of alcohol or drugs may be asked to forfeit the tournament and be removed from play.

*Updated 4/26/2017 AD*