

**University of Oregon
Recreational Sports**

Volleyball Rules

USVA rules will govern play except for the following Rec Sports modifications:

The Game

1. 2 teams of 6 players
2. Minimum to start is 4 players (COED minimum 2:2 ratio maintained within 1 at all times)
3. Best 2 out of 3 games to 25 points or 50 minute time limit
4. Game time is forfeit time

Eligibility

1. Current U of O students, faculty and staff
2. EVERY PLAYER MUST SIGN THE ROSTER BEFORE PARTICIPATING
3. Players must bring a valid UO ID to EVERY game
4. NO ID = NO PLAY
5. Players can only play on one gender specific and one coed team at the same time
6. Varsity volleyball athletes are not eligible
7. Club volleyball players are not eligible

Equipment

1. Teams must provide a game ball
2. Proper footwear and attire is mandatory
3. Contact lenses or protective goggles are highly recommended
4. Knee pads are recommended but not mandatory

Scoring

1. Games are played to 25 (rally score). If a third game is necessary it is played to 15.
2. All games are win by two points with no point cap

Timing

Two time outs are allowed per game (30 seconds)

Substitutions

Unlimited substitutions on a dead ball

Sports Code

1. All participants and spectators are governed by the SPORTS CODE available in 102 Esslinger.
2. Only captains may address officials
3. Team captains are responsible for their sidelines and spectators.
2. Negative consequences for the team may result as a direct reaction to spectators' behaviors or actions.

NO alcoholic beverages permitted on University property

ADDITIONAL GROUND RULES

When playing with two courts side by side balls entering adjacent courts will be called dead

If the adjacent court is empty the ball will remain live

Any ball contacting the ceiling and returning to the same side of the court is playable

Balls that hit baskets or wires may be replayed if deemed playable by the official

PROTESTS

Protests based solely on a decision involving the accuracy of judgement on the part of an official will not be considered

Protests involving player eligibility will be considered

Revised 9/24/07