

WELCOME

Recreational Sports offers students, faculty and staff members the opportunity to participate in a wide variety of sports and recreational activities. Superior skill levels or previous sport experience are not prerequisites for participation; there is a place for everyone from the novice to the advanced competitor. Activities are offered in men's, women's and coed divisions. Come join us, make new friends, and have fun!

UNIFYING PRINCIPLES

Recreational Sports endeavors to:

- Respect the individual
- Provide quality recreational experiences
- Commit to excellence
- Promote a sense of achievement
- Communicate openly
- Develop a sense of participant ownership
- Provide opportunities for education and leadership

INTRAMURAL LEAGUES

Competitive and structured activity for a variety of sports is provided each year in women's, men's and coed divisions at varying competitive levels. Intramural sports operate within the framework of the regulations and bylaws available in the Rec Sports office.

FREE AGENT

Each term there are students who want to play in a sport activity but don't have a team. The Free Agent service assists individuals in forming teams and helping teams to find players. If you want to play and don't have a team, sign up at the Rec Sports office and attend the manager's meeting of the specific sport. If your team is short of players, check the Free Agent list.

DIVISIONS

To meet the needs of a wide range of interests and abilities, many of the intramural sports are grouped according to skill level, with teams or individuals allowed to play in only one division within a particular sport.

Division I – Many of the players in this division have played on high school varsity teams in one or more sports, and most players have advanced skills. Emphasis is on enjoyment of quality play, exercise, and being with friends.

Division II – Some of the players in this division have played on high school teams. Most of the players have intermediate to high intermediate skills. Emphasis is on being with friends and playing a credible game.

Division III – Players in this division have little or no formal high school competitive playing experience. Most players have beginning to intermediate skills. Emphasis is on playing for fun, exercise, camaraderie and experience.

SUGGESTIONS TO TEAMS MANAGERS/CAPTAINS

Each team must have an intramural manager, either elected or appointed by his or her group. If a team is to compete successfully in intramural sports, a good manager is necessary. The selection of a manager should be made only after consideration of the qualifications for the position. The manager should be a person interested in the team's welfare. This manager is the liaison between the team and the Rec Sports office. It is the duty of the manager or captain to:

1. Attend manager/captain mandatory meetings.
2. Enter his or her team in the proper sport and organize payment of entry fee by the entry deadline.

3. Notify team members of the place, date and time of contests.
4. Find out when postponed games will be played.
5. See that team members are present with proper I.D. by the scheduled game time.
6. Be familiar with eligibility rules.
7. Study the playing rules of each sport, and be sure that your players are also aware of these rules.
8. If an eligibility protest is warranted, announce the protest to the official and your opponent at the time. Then, complete a protest form and submit it to the Rec Sports office within one working day.
9. Be responsible for the conduct of team members and associated spectators.

MANDATORY MEETINGS

League sports will have a mandatory managers/captains meeting. By attending these mandatory meetings, a representative of each team will receive first-hand information about how leagues run, criteria for making playoffs, deadline dates to add players to roster, sports code ratings, yellow/red card system, and most important, the picking of lottery numbers to determine scheduling priority. This applies ONLY to football, volleyball, indoor soccer, basketball, softball and soccer. There will be an opportunity to hear rule interpretations and ask questions. Find out 'how' and 'why' of procedures, and give input on improvements Rec Sports could make. Rec Sports would like this meeting to be informative, and provide for effective two-way communication between staff and players. **Team captain/manager or team representative must attend meeting or team will not be scheduled.**

INTRAMURAL INSTANT LOTTERY SCHEDULING

For Fall term, flag football, volleyball and indoor soccer are scheduled by the *Instant Lottery Scheduling* method; Winter term – basketball; Spring term – softball and soccer.

Here's How It Works – The First Step:

- Pick up a blank team entry/roster at the Rec Sports office (102 Esslinger). List the members of your team with student I.D. numbers and have them sign it. This becomes a valid roster.

Here's How It Works – at Managers' Meeting:

- Attend mandatory managers' meeting. At that time, you will receive a stamp on your roster and draw a lottery number.
- One person may draw numbers for up to two teams.
- Lottery numbers, team name, captain/manager's name and student number will be recorded at time of drawing.
- Lottery numbers will be issued to assign a time to register during instant scheduling at Rec Sports office (102 Esslinger).

Here's How It Works – at Instant Scheduling:

- To schedule your team, bring the valid roster and lottery number at designated time. Again, a VALID ROSTER is one that has the minimum number of players listed with signatures and student I.D. numbers (Football-7; Volleyball-6; Indoor Soccer-5; Basketball-5; Softball-10; Soccer-9). **Your team will not be scheduled if roster is incomplete.**
- Lottery numbers are called and registered in order.
- A separate check is **required** for each team. Make checks payable to *University of Oregon*.
- Each league (time slot) will play a round robin schedule.
- Teams may choose from available leagues.
- When a league is scheduled, you will be given a schedule on the spot and will pay the entry fee at that time.
- If, when your turn to register comes and there are no leagues available, you will be given a priority number (see below).
- After Instant Scheduling leagues are full and Rec Sports knows the number of remaining teams waiting to get into divisions, additional leagues will be opened.

PRIORITY NUMBERS

- If there is no available league for a team, the captain will receive a priority number and be asked to return at a designated time, when they will be served first in priority order.
- Teams that fail to come to register during the time drawn during the lottery will be served second in priority order or placed on waiting list.
- Teams that fail to attend the managers meeting will be served third. If no leagues are available, they will be placed on the waiting list.

SPORTS CODE RATING SCALE

Teams are assigned to maintain at least a 5.0 average throughout the season and a rating of 5.0 is required to win a division and/or participate in any playoffs. If a team's average falls below 5.0 at any time during the season, the respective captain will be contacted by the Rec Sports assistant to provide an explanation for the low sports code rating. Teams with low sports code ratings risk expulsion from participating in that league. It is the team's responsibility to check at the Rec Sports office for their sports code rating. If a team's rating is below a 5.0 during a playoff game, they will be eliminated from the playoffs.

CONDUCT RATING GUIDELINES

1. In order for a team to qualify for post-season playoffs, they must have:
 - A 5.0 average sports code rating during the regular round robin league.
 - No forfeits during the regular season.
2. Sports code rating will be based on the following criteria:

SCORE	CONDUCT DESCRIPTION
7	Exceptional, above and beyond
6	Good, positive communication with officials No incidence of poor conduct
5	Few examples of poor conduct; no penalties for poor conduct
4	Persistently questions call of officials Receives one of the following penalties: <ul style="list-style-type: none">- conduct penalty in flag football- warning or yellow card in volleyball or soccer- technical foul for conduct in basketball- verbal warning in softball
3	Team members, coach, and/or spectators clearly related to team persistently question the calls of the officials in an abusive manner and/or fail to cooperate with the officials. Player given a red card.
2	Players disregard repeated warnings of unnecessary roughness.
1	Player or coach ejected, spectator clearly related to the team asked to leave gamesite for striking or shoving an opponent. This score may be given even if one of these incidents occurs after the game and if a rating had already been given. This person or group may also be subject to further sanctions by Rec Sports.
0	Player or team is so antagonistic toward an official or opponent that the game cannot be played with proper order and control.

ACTIVITY CALENDAR

Fall

Intramural

Flag Football (M,W,C)*
Volleyball (M,W,C)
Indoor Soccer (M,W,C)
3-on-3 Basketball (M,W)

Special Events

Cross Country Meet (M,W,C)
Football Scramble (M,W,C)
18-Hole Golf Scramble (M,W,C)
Volleyball Scramble (M,W,C)
Indoor Soccer Scramble (M,W,C)
Tennis Classic (M,W,C)
Fitness Week (M,W)
Racquetball Tournament (M,W,C)

Winter

Intramural

Basketball (M,W,C)
Coed Volleyball
Floor Hockey (M,W,C)

Special Events

Wrestling (M)
Basketball Scramble (M,W,C)
Free Throw/Hot Shot-3-Point Contest (M,W)
Indoor Soccer Tournament (M,W,C)
Open Swim Meet (M,W,C)
Flag Football Tournament (M,W,C)
Badminton Tournament (M,W,C)
Table Tennis Tournament (M,W,C)

Spring

Intramural

Softball (M,W,C)
Soccer (M,W,C)
Ultimate Frisbee (M,W,C)
4 on 4 Grass Volleyball (C)

Special Events

Soccer Scramble
Tennis Classic
Golf Tournament (M,W,C)
Track Meet (M,W)
Fitness Fest (M,W)

*M=Men, W=Women, C=Coed

INTRAMURALS REGULATIONS AND BYLAWS

The Recreational Sports (Rec Sports) program at the University of Oregon is exciting and diverse. The purpose of the following Intramural Regulations and Bylaws is to provide a positive experience for all participants. Any person involved in intramural sports is encouraged to become well acquainted with this information, as it is the responsibility of all participants to abide by the rules.

The Bylaws section outlines specific expectations and responsibilities of each team and individual player. In case of infractions, **ignorance of the rules is not an acceptable excuse.** With cooperation from participants, the Rec Sports program will continue to provide positive experiences for all involved.

REGULATIONS

Article I – Organization

One of the functions of Recreational Sports is to organize and promote intramural activities at the University.

Article II – Functions

Recreational Sports shall provide, insofar as possible, the facilities for competition and recreation; shall organize and promote games and contests between groups and individuals; and shall support a spirit of fair play among participants and spectators.

Article III – Membership

All students enrolled in any department of the University (not including the Division of Continuing Education or the Community Education Program), staff and faculty are automatically eligible to enjoy intramural privileges, and shall retain that status until they withdraw from the University or they fail to comply with the rules of eligibility as stated in the bylaws. The Administrative Board reserves the right to make players ineligible as a result of breaches of the bylaws.

Article IV – Supervision

Recreational Sports shall be under the supervision of the Director and the assistants.

- (a) The director and the assistants shall formulate policies and be responsible for the proper conduct of all recreation and intramural activities. The director is responsible for all expenditures, and certifies the appointments of staff.
- (b) The Rec Sports assistants are responsible for the safe and efficient handling of the contests in their respective activities. They are responsible to the director. Their duties include planning, assignment of teams and officials, end of activity reports, and recommendations.

Article V – Administrative Board

The Administrative Board shall handle amendments, conduct and eligibility rulings. The Administrative Board consists of the director and the Rec Sports assistants. It meets to evaluate the recreational sports program for the purpose of enhancing the quality of service to all members of the University community. The committee meets once a week, or more if deemed necessary.

Article VI – New Leagues

New sports shall be sanctioned and leagues organized whenever there is sufficient interest to warrant such a move. The intramural division may organize a league for competition whenever six or more groups have expressed an interest in a particular activity.

Article VII – Amendments

The regulations may be amended at any time by a two-thirds vote of the Administrative Board.

BYLAWS

Article I – Team/Player Conduct

Section 1. It is expected that all participants exhibit appropriate sports behavior toward teammates, opponents, officials and supervisors. Sports Code rating will be used to evaluate sport behavior at intramural events.

Section 2. Teams are required to maintain at least a 5.0 average throughout the regular season, and a rating of 5.0 is required to win a division and/or participate in any playoffs. During playoffs, teams are required to have a 5.0 or better in every game.

Section 3. Abusive or unethical sports behavior that is directed toward other players, officials or supervisors is unacceptable. When such behavior is observed, the officials may terminate the game and record a loss for that team. The team participating in such behavior may be subject to disqualification. If disqualified, the team may not be scheduled for the remainder of the intramural season.

Section 4. For the safety of the participants and enjoyment of the game, players who, in the judgment of intramural staff, are under the influence of alcohol or drugs, will be disqualified from participation for the remainder of the season.

Section 5. Any actual or threatened assaultive behavior by individuals may be handled by the Department of Public Safety, Recreational Sports, and/or University review. Civil or criminal action or both may be brought by the aforementioned or the officials or others against whom such behavior is directed. Note that recent legal precedence has come down strongly against the notion of actual or threatened violence as "part of the game."

Section 6. Team captain/manager listed on the roster is responsible for the conduct of all team players and associated team spectators.

Article II – Eligibility

Section 1. All students, staff and faculty of the University of Oregon, and students from Northwest Christian College with valid I.D. shall be eligible to enter and participate in any activity sponsored by the division except as provided in Article III of the Regulations.

Section 2. Members of a varsity or club sport team may not compete on an intramural team in the same sport during that school year. Students having practice privileges with any varsity or club sport team shall be considered members of that team and therefore ineligible for intramural competition in that sport.

Section 3. Any student on an athletic scholarship or grant-in-aid, or who has been redshirted, shall be ineligible to participate in the sport in which the student has been redshirted.

Section 4. Questions concerning eligibility will be resolved after consultation with the coach of the varsity or club sport team involved.

Section 5. A player can only belong to one team in a given sport. They can, however, play on one single gender team and one coed team.

Section 6. After entering one game/match with a given team, a player may not transfer to another team in that sport. A violation shall result in player exclusion from that sport for that season.

Section 7. In all Leagues players who are not identified on the **Valid Roster** or players you intend to add to your team must be registered in the Rec Sports office 24 hours before participating in any scheduled game, as well as by the deadline. In some special events registration may take place at the event site. **Players are not considered registered unless their names, signatures and student I.D. numbers are on the Valid Roster.**

Section 8. A team shall be awarded a loss for any game/match or part of a game/match in which it uses an ineligible player. The player(s) will be ineligible for further competition for the rest of the season in that sport.

Section 9. Any player using an assumed name shall be barred from all intramural sports during that season. Use of another person's I.D. or an invalid I.D. is also cause for dismissal.

Section 10. Any player disqualified from a game is subject to review by the Administrative Board.

Section 11. To be eligible for league play and playoffs, a player must be registered within two weeks of the start of league play.

Section 12. The goal of Rec Sports is to encourage and promote separate gender leagues and coed leagues in order to accommodate all participants. Competition will be provided in men's, women's and coed formats. Where an individual gender classification is not available (i.e. men's or women's), students will be able to participate on teams of the opposite sex.

Article III – Protests

Section 1. All protests in matters of eligibility must be made in writing to the intramural director within one working day after the contest in question.

Section 2. All other protests must be resolved on the field of play. The team captain must register the protest immediately with the official in charge of the contest; otherwise, the right to protest is forfeited. The officials will then make a decision.

Articles IV – Forfeits

Section 1. If a team (minimum number to start play) or contestant fails to appear at the scheduled time for a contest, the supervising official will declare the contest forfeited to the team or contestants ready to play.

Section 2. If a team forfeits one game, they are dropped from league play and are ineligible for playoffs. The team that does not forfeit receives a sports code rating of 7.

Section 3. If a team gives 24 hour written notice of inability to make a scheduled game, they will be given a loss, but will remain eligible for league play and playoffs. Only **one** 24-hour notice is allowed. No 24-hour notices allowed during playoffs. In the event of 24-hour notice, no sports code rating is given to either team.

Article V – Postponements

A scheduled contest may be postponed only by agreement of both team managers and by the Rec Sports director or assistant. Postponements must be played before the scheduled round is completed.

Article VI – Physical Examinations

It is the player's responsibility to find out the status of their health prior to competition and after injury. Students participating in intramural sports should have unrestricted health status. If there is

a doubt concerning any student's physical condition, they should be examined by a physician and have written clearance.

Article VII – Scheduling and Rules

Section 1. Contests shall be governed by the rules of each sport as determined by the Rec Sports Administrative Board.

Section 2. A mandatory manager/captain meeting will be held prior to the start of league play for each sport. This meeting will provide general information about rules, intramural regulations, and scheduling. Free agents must attend this meeting to attempt to get on a team.

Section 3. A second mandatory meeting will be held prior to playoffs to review rules and eligibility for playoffs. Failure to send a representative to this meeting will result in the team being ineligible for playoffs. In some cases, playoff meetings may be conducted by email.

Section 4. Special procedural information for each activity will appear on schedules which will be distributed prior to the beginning of play.

Section 5. Participants must have valid I.D. cards available at all games for roster verification. All participant I.D.s will be checked prior to all games.

Section 6. All registration fees for Rec Sports activities are non-refundable.

Article VIII – Amendments

These bylaws may be amended at any time by a two-thirds vote of the Administrative Board.

Recreational Sports
102 Esslinger Hall
(541) 346-4113

Effective September 2001.

All material herein is subject to change without prior notice.